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# WEST COAST BAPTIST COLLEGE

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*Training Laborers for His Harvest*

## **BI 106 – Introduction to Biblical Counseling** ***Online Syllabus***

**Course Instructor: Dr. John Goetsch**

### **I. Course Description:**

This course will introduce the basics for Biblical counseling. Emphasis will be placed on using Scriptural principles and procedures in counseling. We will look at some methods that will produce effective counseling as well as some areas to avoid. Several specific areas of need in people's lives will be investigated. Emphasis will be placed on using the Word of God to overcome the problem. Scriptural prescriptions will be looked at in light of man's physical, emotional, and spiritual needs.

### **II. Course Objectives:**

The course will endeavor to:

- A. Help the student to understand that counseling to some degree is the responsibility of every Christian.
- B. Give the student a basic understanding of the needs of people along with the biblical solution to those needs.
- C. Help the student to understand the source of surface problems and how to deal with that root problem.
- D. Give the student some tools to use in counseling effectively.
- E. Help the student to develop a reliance upon God and His Word for solutions to man's problems.
- F. Develop a philosophy in counseling that will be God-honoring and in line with the teachings of God's Word.

### **III. Course Requirements:**

Online lectures must be listened to in their entirety. It is our recommendation that you make a hard copy of the notes that accompany the lectures for personal study. A test will



be given after every two lectures. The tests will cover the lectured notes along with questions from the assigned textbook reading.

The textbook “Becoming an Effective Christian Counselor” is to be read in its entirety. The student will be responsible for the material in the textbook on the tests. The test schedule is as follows:

<b>Test</b>	<b>Online Lectures</b>	<b>Textbook Reading</b>
Test 1:	Lectures One and Two	Part I: Chapters 1-5
Test 2:	Lectures Three and Four	Part II: Chapters 6-9
Test 3:	Lectures Five and Six	Part III: Chapters 10-15
Test 4:	Lectures Seven and Eight	Part III: Chapters 16-21
Test 5:	Lectures Nine and Ten	Part IV: Chapters 22-24
Test 6:	Lectures Eleven and Twelve	Part V: Chapter 25 and Appendixes A-F

Final Examination: All Lectures and all Textbook Reading

There are two projects in this class. The first is a 500 word paper giving ten principles to guide a young person on “Who to Date.” Each principle must have a Scripture reference with it and give the spiritual qualities that a Christian should be looking for in a life-partner.

The second project is a 750 word paper. You are counseling a Junior High teenager that has been abused “verbally” as a child. As a result, they have a very low self-esteem and a strong guilt-complex. In this paper you will outline your plan of counseling to help this teenager get spiritual victory over this guilt from the past. (You may assume that this teenager is saved.)

Both of these projects are due upon the taking of your final examination and should be submitted at the time you submit your final exam for grading.

Your grade will consist of the tests, projects, and final examination. Remember – you will take from this class in the same proportion as you apply yourself to the notes and textbook reading. If you have any questions or difficulty with any of the assignments, please feel free to e-mail me at the college.

